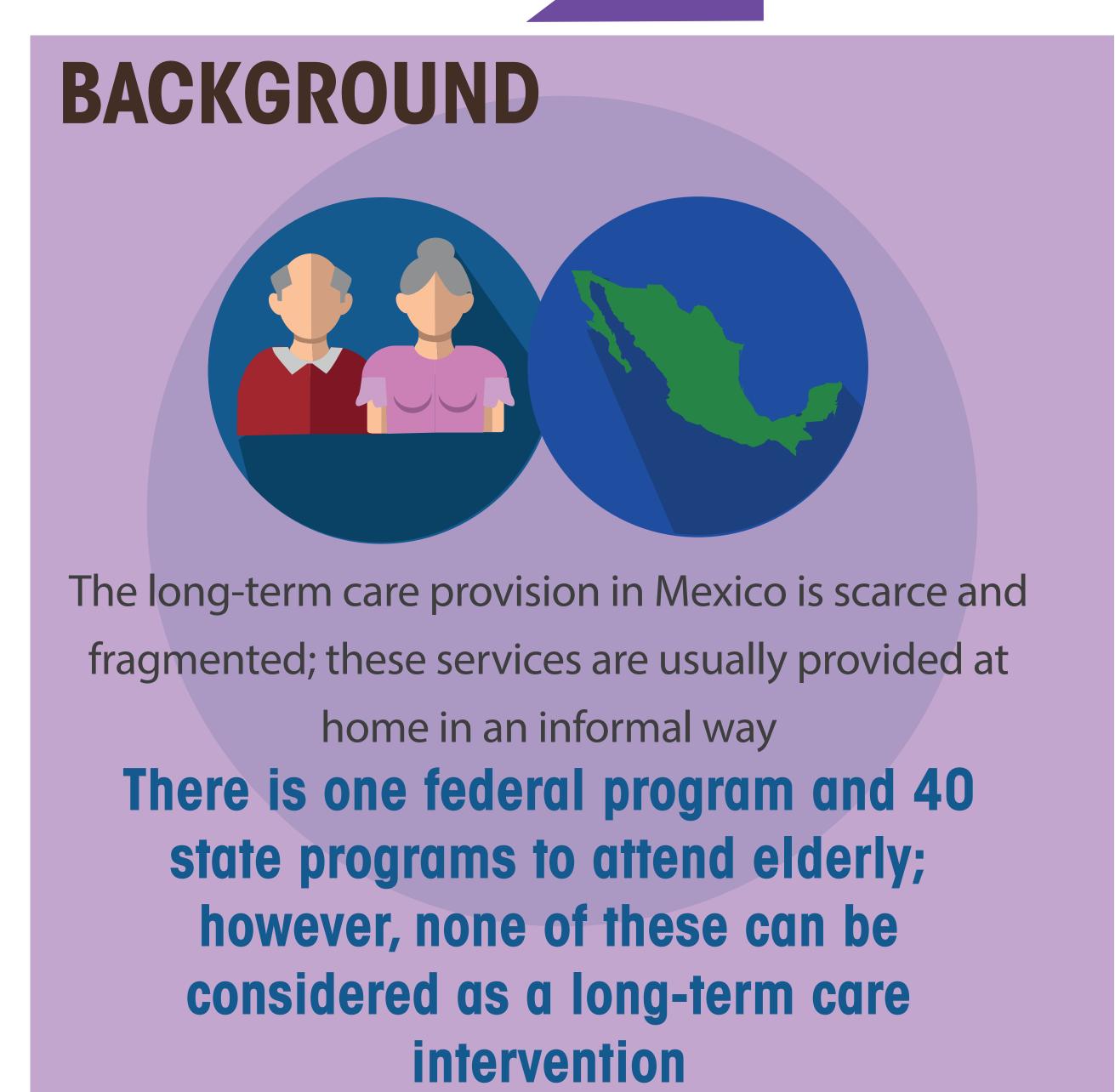
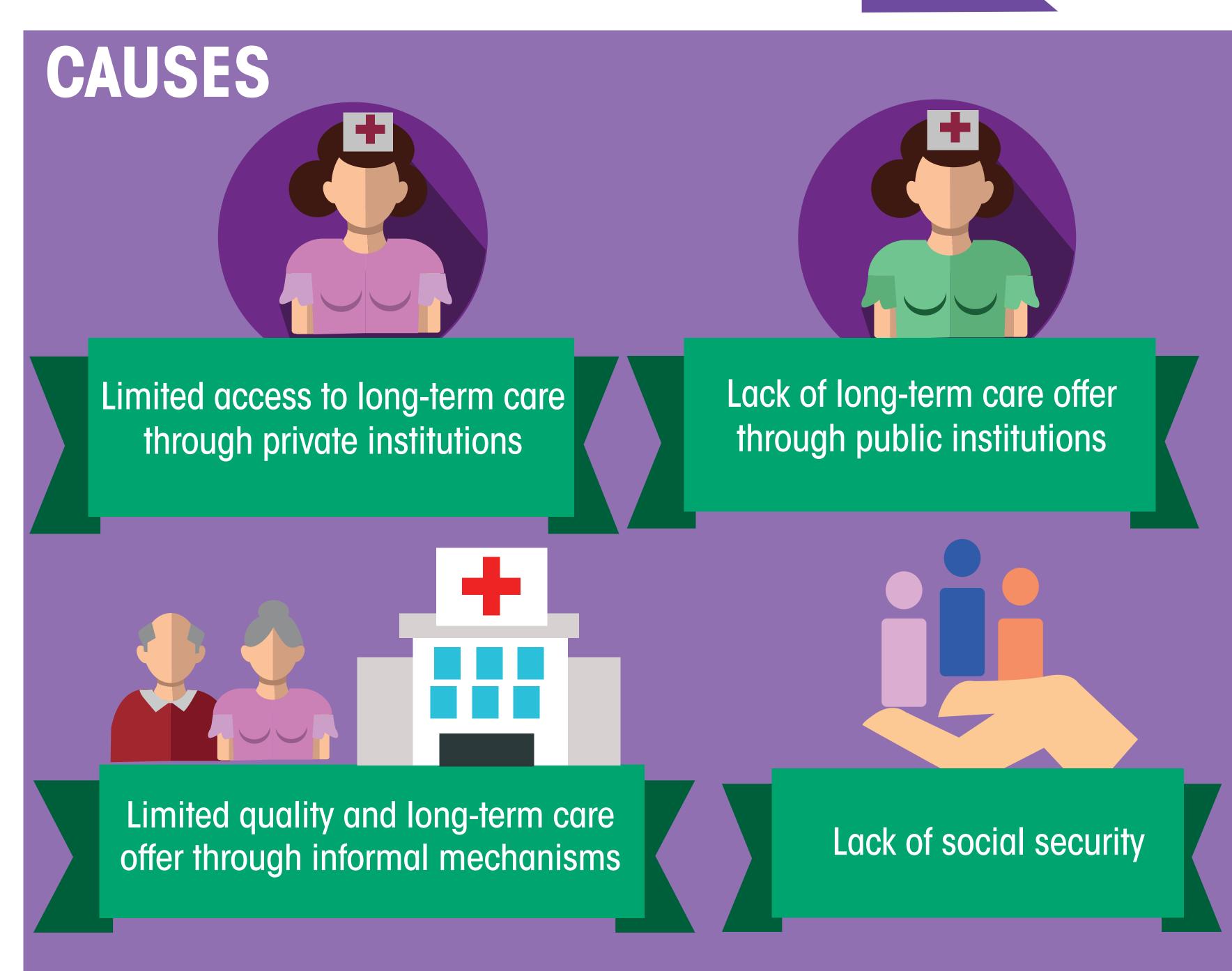
## PRACTICAL GUIDE OF PUBLIC POLICIES

## LONG-TERM CARE FOR ELDERLY

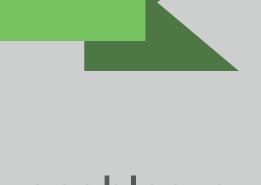




# WHAT WORKS AND WHAT DOESN'T? Based on evidence



### POSITIVE IMPACT



- The integration of long-term health and care services enables a more efficient service, and therefore better results in terms of elderly's quality of life.
- Long-term care at home is associated to better levels of satisfaction by older adults, since they allow them independence and their sense of autonomy.
- Long-term care at home seems to have positive results in reducing mortality, delaying admission to institutional care and hospitalization.



#### HIGHLIGHTS

- Long-term care services should be provided in an integrated system, being the Ministry of Health the responsible agency.
- The strategy must be based on the current reality of care provision in Mexico, where the family is the main source of support.

- The role of the family in long-term care, and particularly of women, is undeniable. The government programs can rely on the family but without making it the primary pillar of care.
- There is a problem of sustainable financing long term care services.



This Practical Guide aims to show an overview of the consensus on what works or not in terms of evidence for long-term care for older adults, and to contribute in the decision-making process and the improvement of the country's public policy mechanisms based on evidence.











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